

rehabilitation

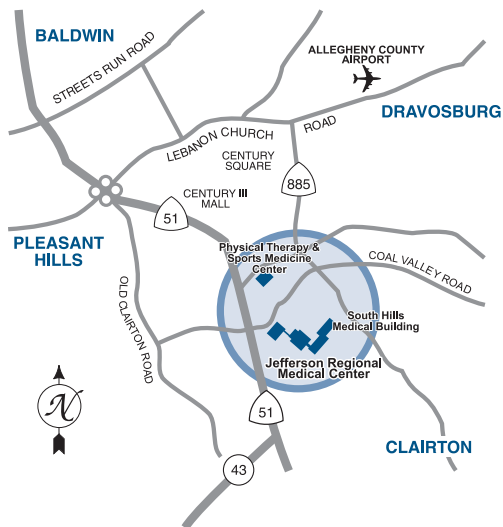
Jefferson Regional Medical Center is conveniently located just one mile from the Route 43/Route 51 Interchange in Jefferson Hills.

From the south: From the Mon Valley: take Route 43 North to Route 51 North. Turn right on Coal Valley road at the first traffic light on Route 51 (approximately one mile).

From the east: Take Route 376 West to the Boulevard of the Allies exit. At the fork, take the left lane to the Liberty Bridge and cross over to the Liberty Tunnel. At the tunnel's end, follow signs to Route 51 South (towards Uniontown). Follow approximately 10 miles to Coal Valley Road. Turn left onto Coal Valley Road.

From the west: Take Route 279 North to Route 51 South (towards Uniontown) immediately before entering the Fort Pitt Tunnels. Follow approximately 14 miles to Coal Valley Road. Turn left onto Coal Valley Road.

From the north: Take Route 79 South to 279 South. Take 579 South and follow signs to the Liberty Bridge and go through the Liberty Tunnel. At the tunnel's end, follow signs to Route 51 South (towards Uniontown). Follow approximately 10 miles to Coal Valley Road. Turn left onto Coal Valley Road.



Call Today
412-469-7000



When an injury or illness keeps you from living life to the fullest, Jefferson Regional Medical Center's rehabilitation services will provide you with the help you need to reach your highest potential.

We offer the area's most advanced rehabilitation facilities and best-trained health professionals. And, to better serve the community, the number of our rehabilitation services and locations is continually expanding.

Three Convenient Locations:

Jefferson Regional Medical Center
565 Coal Valley Road, Second Floor
(412) 469-5015

- Physical Therapy
- Occupational Therapy
- Hand Therapy
- Functional Capacity Evaluation
- Speech Pathology
- Audiology

Jefferson Regional Medical Center
Physical Therapy
& Aquatic Therapy Center
550 Coal Valley Road
(412) 469-3456

- Physical Therapy
- Aquatic Therapy

Jefferson Regional Medical Center
Physical Therapy
1907 Lebanon Church Road
(412) 653-2835

- Physical Therapy

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Types of rehabilitation services:

Physical Therapy: Whether it's a broken bone, sore neck or back, nerve damage, muscle strain, stroke or even a joint replacement, physical therapy helps patients lead a more active and independent life. Physical therapy aims to restore movement and function, relieve pain, and prevent further injury. Upon referral from a physician, a physical therapist will complete a thorough and comprehensive patient evaluation. Problems are identified and explained to the patient. An individualized treatment program is developed with each patient. Physical therapy is provided by state-licensed staff members who are trained in using technically advanced rehabilitation equipment and the most effective treatment.

Hand Therapy –

Jefferson Regional Medical Center provides an exceptional outpatient hand clinic within the occupational therapy department. Our hand therapist, who maintains certification through advanced studies, works one-on-one with patients who have conditions affecting the hands and upper extremities.



Occupational Therapy is for people of all ages who, because of physical, social, developmental, or emotional problems, need specialized therapy to lead independent, productive, and satisfying lives. Therapists use a rehabilitation approach that utilizes functional activities to help patients regain control of everyday tasks.

Functional Capacity Evaluations (FCE) and Pre FCE – This service will match an employee to a job and ensure that the job candidate can complete the required tasks of that job. Or, an FCE ensures that an employee returns to work at the right time doing the right work thereby guarding against re-injury.



Speech Pathology and Audiology is offered for patients with speech, voice, language, cognitive, communication and/or swallowing problems related to developmental delay, medical condition, illness, or injury. Jefferson Regional Medical Center has a dedicated staff of American Speech-Language-Hearing Association (ASHA) certified and state-licensed speech/language pathologists who serve to identify, assess, diagnose, refer and provide treatment to persons of all ages. An audiologist is available to conduct hearing assessments, recommend rehabilitative services, provide consultation and referral services.

Aquatic Therapy provides a unique, safe, and progressive rehabilitation environment. Researchers have found that water supports the body and reduces joint stress and pain while providing resistance to movement. This combination optimizes the chance for a rapid and complete return to activity. The Physical and Aquatic Therapy Center is expanding the aquatic therapy program to include a state of the art pool designed specifically for use in rehabilitation. Our aquatic therapy pool offers a computer-integrated treadmill, resistance jets, water massage, variable water depths, and underwater cameras for visual feedback, support bars, and stairs with a handrail for easy access.

